



Shareholder Newsletter June 21, 2017 Vol. 18, No. 2

Rachel Bynum & Eric Plaksin, (540) 987-8567

53 Waterpenny Lane, Sperryville, VA 22740

e-mail: waterpennycsa@gmail.com www.waterpennyfarm.com

Facebook @waterpennyfarm Instagram: @waterpennyfarm

In addition to some more Blueberries in this amazing berry year for our farm, we have our first cucumbers, scallions, and regular cabbage this week. See our website for great squash pancakes, zucchini bread, and kale recipes. Enjoy the shifting season!

Dill and Butter Squash

From shareholder Kate Marshall

½ T butter

2 small zucchini and/or squash

1 t chopped dill

½ lemon

Salt, pepper



Slice zucchini and/or squash into

¼" rounds

Heat butter in pan over medium heat

Cook zucchini/squash until crisp tender and lightly browned

Add salt/pepper to taste, squeeze juice of ½ lemon, and toss with dill. Serve warm. So simple. So tasty.

Chinese Cabbage "Slaw"

From Sydney

One Zucchini

One head of Chinese Cabbage

One bunch of Radishes or Turnips

One head of Fennel

For the dressing

2Tbsp of lemon juice

2tsp of honey

3Tbsp of olive oil

Mix all of the dressing ingredients together in a bowl and set in the fridge to chill. Chop the cabbage into ribbons with a sharp knife. Use a vegetable peeler to peel the zucchini into thin ribbons. Cut the radishes and fennel into small chunks. Mix all the veggies together, then toss with dressing and enjoy!

Meet an intern... Sydney arrived with Dan (from the first newsletter) in March. She came with some great knowledge of and an appreciation for plants of all kinds. Here's what she has to say!

My name is Sydney, I am a first year intern on Waterpenny Farm. This is my second season farming and I am enjoying it very much. I am from Raleigh, NC and went to school at Appalachian State University in Boone, NC where I got a degree in Cell and Molecular Biology. I've always had a passion for growing and taking care of plants. I have a small garden at home that I have filled to the brim with perennial flowers and veggies. This passion has pushed me to want to have my own farm one day with my boyfriend Dan. I have already learned so much working here and I hope to continue to learn more each day. Right now, harvesting radishes and turnips is one of my favorite jobs. I also like transplanting, because it makes me happy to see the small plants we grew from seeds grow and thrive in the field.



Elizabeth and Sydney harvesting cabbage for the shares. It's grown well this year! Sydney has been here since the cabbage was first seeded, in March. Above left: Isaac with a big Blueberry!